



## Toolkit 3 - Worksheet 3a – What Do Humanists Believe?



### The Facts

Humanists:

Do not believe in god or other supernatural beings

Believe you should treat others as you'd like to be treated yourself because you can put yourself in somebody else's place and imagine how you would feel (empathy).

Believe you should think about the effect your action is going to have on people when you make choices (reasoning).

Believe that empathy and reason are in our nature as humans. They say we use our own human nature to work out how to treat others and that we don't need a god or a holy book to tell us what we should do.